

1000 6th Avenue • Altoona, PA
Phone 201-2143 Fax 201-2149

Sophia's Restaurant

SOPHIA INSPIRED ENTRÉES

Chicken Parmesan

Tender chicken breast breaded, lightly sautéed topped with Sophia's zesty marinara and provolone cheese served with side of pasta. **8.99**

Veal Parmesan

Tender veal cutlet breaded lightly sautéed with Sophia's zesty marinara and provolone cheese served with side of pasta. **9.99**

Gyro Platter

Thinly sliced gyro meat lightly cook on a spit served with rice and vegetable. **8.99**

Steak Kabob

Tender cuts of steak flavorfully marinated and grilled on a skewer served with rice and vegetable. **8.99**

Marinated Chicken Kabob

Generous chunks of chicken marinated then grilled on a skewer served with rice and vegetable **7.99**

Shrimp Kabob

Large shrimp skewered and marinated then grilled on a skewer served with rice and vegetable **9.99**

Swordfish Kabob

Fresh cuts of swordfish skewered and grilled served with rice and vegetable. **9.99**

New York Strip

Hand-cut New York strip steak grilled to your liking served with twice baked potato. **9.99**

Vegetarian Platter

A combination of hummus, spinach pie and Greek salad. **8.99**

Seafood Platter

Combination of haddock, swordfish and shrimp served with rice and vegetable. **10.99**

Baked or Fired Haddock

Fresh light haddock filets baked or fried to perfection served with creamy macaroni and cheese and flavorfull stewed tomatoes. **8.99**

STARTERS

Our Famous Hummus

Sophia's special blend of chick peas, olive oil, roasted garlic, tahini and our signature spices served with toasted pita bread. **4.99**

Chicken Wings

Buffalo style - Hearty and tangy basted in either buffalo or honey mustard sauce **6 — 4.99 12 — 6.99**

Chicken Fingers

Italian style chicken bites -- breaded, crisp and juicy **5.99**

Spinach Pie

Traditional Greek filo dough, stuffed with spinach, feta cheese, garlic, seasoning — baked golden brown and served with our Z sauce. **5.99**

Zucchini Fritters

Cut into thin slices, lightly battered and sprinkled with sea salt, served with garlic sauce for dipping. **5.99**

Italian Cheese Bread with Garlic Butter

Thick sliced fresh Italian bread, baked in our garlic butter sauce topped with melted mozzarella and romano cheese. **4.99**

Spinach Artichoke Dip

Blend of artichoke hearts, spinach and our special blend of Italian cheeses — oven baked and topped off with melted mozzarella cheese and served with your choice of toasted pita or Italian garlic bread. **5.99**

Calamari

Specially cut and seasoned by the chef — Traditionally deep fried or sautéed Mediterranean style (olive oil, garlic and herbs) **6.99**

Mozzarella Sticks

Strips of mozzarella breaded in a wonderful blend of crumbs and spices. **4.99**

SALADS

Greek Salad

Fresh crisp mix of spring and romaine lettuce topped with feta cheese, grape tomatoes, cucumber, kalamata olives, red onion served with our special greek dressing. **5.25**

With: Grilled Chicken **6.99**

Fresh Gyro **6.99**

Jumbo Shrimp **8.99**

Steak Strips **7.99**

House Chopped Salad **5.25**

* May be cooked to order. Consuming raw or undercooked meats, poultry, shellfish, seafood, or eggs may increase your risk of foodborne illness.

OUR SPECIAL WOOD FIRED

SPECIALTY SANDWICHES

Served with your choice white or whole-wheat crust

Pizza

Personal Size, 4.99 10" 9.99 14" 11.99

Gyro

Topped with tomato sauce, mozzarella, feta and freshly carved gyro meat

Margarita

Topped with fresh mozzarella, pesto and fresh basil

Chicken Alfredo

Topped with alfredo sauce, mozzarella cheese and grilled chicken

Quattro Formagio

Topped with tomato sauce, mozzarella, feta, cheddar and Parmesan cheese

Garden

Topped with tomato sauce, mozzarella, pepper, mushrooms, onions and olives

Stromboli

Greek

Stuffed with gyro, feta and mozzarella cheese 4.95

Cheese Lovers

Stuffed with mozzarella cheddar and ricotta cheese 4.95

Chicken

Stuffed with mozzarella cheese, and grilled chicken 4.95

Steak

Stuffed with mozzarella cheese, and freshly grilled steak 4.95

PASTA

Traditional Spaghetti/Meatballs 6.99

Cheese Stuffed Ravioli Served with Tomato or Alfredo Sauce 8.99

Shells Stuffed With Ricotta, Mozzarella and Italian Seasoning 7.99

Creamy Garlic Alfredo 5.99

With: Chicken 6.99

Shrimp 9.99

Plain 5.99

Lasagna Alforno 8.99

Sandwiches come with choice of fresh-cut French Fries, Potato Salad, and for additional .99 Waffle Fries.

Sophia's Choice Soups of the Day 2.99

Traditional Gyro

Freshly carved, crisp Chicago style gyro meat served on pita bread with lettuce, onion, tomato and topped with cucumber sauce 5.50

Chicken Gyro

A home-cut and seasoned chicken strips sautéed to perfection served on pita bread with lettuce, onion, tomato then topped with our cucumber sauce 5.50

Italian Beef

Original Italian style slowly roasted beef served on Italian bread with gardenara vegetables and au jus sauce. 5.95

Philly Cheese

Sautéed home finely-cut steak topped with onion and green pepper with melted mozzarella cheese. 5.95

Chicken Philly

Sautéed home finely-cut chicken with onion and green pepper with melted mozzarella cheese. 5.95

Greek Philly

A delicious fusion of fresh gyro meat, onion and green pepper topped with melted feta and mozzarella cheese served on your choice of pita or Italian bread. 5.95

Original Half-Pounder Burger

In-house ground seasoned fresh sirloin cooked to your liking, served with our fresh lettuce, onion and tomato. 5.99

Mediterranean Grilled Chicken

Marinated chicken breast grilled to perfection served with lettuce, onion and tomato. 5.99

Grilled Portabello

Grilled fresh portabello topped with our Mediterranean grilled vegetables with melted mozzarella cheese. 6.99

Atlantic Haddock

Fried gold and brown crisp haddock filet served with tartar sauce with lettuce, onion and tomato on fresh Italian bread. 7.49

Sophia's Italian Meatball

Our delicious homemade and seasoned meatball served on fresh Italian bread and topped with special tomato sauce and melted mozzarella. 5.99

Sides

Pita Bread .99 Twice Baked Potato 1.99

Fresh Cut Fries 1.59 Vegetable 1.39

Potato Salad 1.59 Stewed Tomato 1.29

Waffle Fries 1.99 Wild Rice 1.29

Mac & Cheese 1.79 Extra Meat Gyro 1.99

Desserts

Tiramisu 3.99

NY Cheese Cake 3.99 Baklava 1.99

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